

Some helpful tips...

- 1 Pray & Trust (and enlist others to pray)
- 2 Worship & Trust the Words
- 3 Quote Worship Scripture & Trust The Words
- 4 Speak the Name and Power of Jesus in all Faith at the demons and then ignore them and the pain as much as possible
- 5 Pray that all the powers of heaven be loosed to help you
- 6 Pray for the strength of your angels that they have the power and teams they need to fight
- 7 Focus on Christ

In case you have any battles in your future, hopefully the learning in my pain can be useful to you, so I have compiled a list of Scriptures that I found helpful, I will have them on the screen, and the link in the description box will take you to a site where you can print a PDF of them if you wish. As an idea for potential future use, I recommend also creating a play list of worship songs, whatever type you best connect with, and be sure the songs only focus on worshipping God and or Christ.

Scriptures for Suffering

Jer 15:18-21

Why is my pain perpetual
And my wound incurable,
Which refuses to be healed?
Will You surely be to me like an unreliable stream,
As waters that [f]fail?

The Lord Reassures Jeremiah

Therefore thus says the Lord:

"If you return,
Then I will bring you back;
You shall stand before Me;
If you take out the precious from the vile,
You shall be as My mouth.
Let them return to you,
But you must not return to them.

And I will make you to this people a fortified bronze wall;
And they will fight against you,
But they shall not prevail against you;
For I am with you to save you
And deliver you," says the Lord.

"I will deliver you from the hand of the wicked,
And I will redeem you from the grip of the terrible."

Ps 18:2

The Lord is my rock and my fortress and my deliverer;
My God, my [a]strength, in whom I will trust;
My shield and the [b]horn of my salvation, my stronghold.

1 Peter 4:12-13

Beloved, do not think it strange concerning the fiery trial which is to try you, as though some strange thing happened to you; but rejoice to the extent that you partake of Christ's sufferings, that when His glory is revealed, you may also be glad with exceeding joy.

2 Cor 4:8-12

We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed— always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh. So then death is working in us, but life in you.

Ps 46:1-3

God is our refuge and strength,
A very present help in trouble.

Therefore we will not fear,
Even though the earth be removed,
And though the mountains be carried into the [b]midst of the sea;

Though its waters roar and be troubled,
Though the mountains shake with its swelling. Selah

John 9:3

Jesus answered, "Neither this man nor his parents sinned, but that the works of God should be revealed in him.

Hab 1:2-3

O Lord, how long shall I cry,
And You will not hear?
Even cry out to You, "Violence!"
And You will not save.

Why do You show me iniquity,
And cause me to see trouble?
For plundering and violence are before me;
There is strife, and contention arises.

Rom 12:12

rejoicing in hope, patient in tribulation, continuing steadfastly in prayer;

Rom 5:1-5

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.

Phil 4:13

I can do all things through Christ who strengthens me.

Ps 118:1-6

Oh, give thanks to the Lord, for He is good!
For His mercy endures forever.

Let Israel now say,
"His mercy endures forever."

Let the house of Aaron now say,
"His mercy endures forever."

Let those who fear the Lord now say,
"His mercy endures forever."

I called on the Lord in distress;
The Lord answered me and set me in a broad place.

The Lord is on my side;
I will not fear.
What can man do to me?

Ex 15:2

The Lord is my strength and song,
And He has become my salvation;
He is my God, and I will praise Him;
My father's God, and I will exalt Him.

Ps 118:10-12

All nations surrounded me,
But in the name of the Lord I will destroy them.

They surrounded me,
Yes, they surrounded me;
But in the name of the Lord I will destroy them.

They surrounded me like bees;
They were quenched like a fire of thorns;
For in the name of the Lord I will destroy them.

Ps 118:13-17

You pushed me violently, that I might fall,
But the Lord helped me.

The Lord is my strength and song,
And He has become my salvation.

The voice of rejoicing and salvation
Is in the tents of the righteous;
The right hand of the Lord does valiantly.

The right hand of the Lord is exalted;
The right hand of the Lord does valiantly.

I shall not die, but live,
And declare the works of the Lord.

Deut 3:22

You must not fear them, for the Lord your God Himself fights for you.'

Jer 42:3

that the Lord your God may show us the way in which we should walk and the thing which we should do

Ps 118:24-29

This is the day the Lord has made;
We will rejoice and be glad in it.

Save now, I pray, O Lord;
O Lord, I pray, send now prosperity.

Blessed is he who comes in the name of the Lord!
We have blessed you from the house of the Lord.
God is the Lord,
And He has given us light;
Bind the sacrifice with cords to the horns of the altar.

You are my God, and I will praise You;
You are my God, I will exalt You.

Oh, give thanks to the Lord, for He is good!
For His mercy endures forever.

Ps 18:2

The Lord is my rock and my fortress and my deliverer;
My God, my [a]strength, in whom I will trust;
My shield and the [b]horn of my salvation, my stronghold.

Ps 28:7

The Lord is my strength and my shield;
My heart trusted in Him, and I am helped;
Therefore my heart greatly rejoices,
And with my song I will praise Him.

Ps 27:1

The Lord is my light and my salvation;
Whom shall I fear?
The Lord is the strength of my life;
Of whom shall I be afraid?

Eph 6:10

Finally brothers, be strong in the Lord and in the power of His
might

James 5:10-11

10 My brethren, take the prophets, who spoke in the name of
the Lord, as an example of suffering and patience. 11 Indeed
we count them blessed who endure. You have heard of the
perseverance of Job and seen the end intended by the Lord—
that the Lord is very compassionate and merciful.

James 5:13

Is anyone among you suffering? Let him pray. Is anyone
cheerful? Let him sing psalms.

James 5:17-18 17

Elijah was a man with a nature like ours, and he prayed
earnestly that it would not rain; and it did not rain on the land
for three years and six months. 18 And he prayed again, and
the heaven gave rain, and the earth produced its fruit.

Ps 56:1-4

Be merciful to me, O God, for man would swallow me up;
Fighting all day he oppresses me.

My enemies would hound me all day,
For there are many who fight against me, O Most High.

Whenever I am afraid,
I will trust in You.

In God (I will praise His word),
In God I have put my trust;
I will not fear.
What can flesh do to me?

Lam 3:22-23

The steadfast love of the Lord never ceases, His mercies are new
every morning. Great is Your faithfulness.

Ps 57

Be merciful to me, O God, be merciful to me!
For my soul trusts in You;
And in the shadow of Your wings I will make my refuge,
Until these calamities have passed by.

I will cry out to God Most High,
To God who performs all things for me.

He shall send from heaven and save me;
He reproaches the one who [b]would swallow me up. Selah

God shall send forth His mercy and His truth.
My soul is among lions;
I lie among the sons of men
Who are set on fire,
Whose teeth are spears and arrows,
And their tongue a sharp sword.

Be exalted, O God, above the heavens;
Let Your glory be above all the earth.

They have prepared a net for my steps;
My soul is bowed down;
They have dug a pit before me;
Into the midst of it they themselves have fallen. Selah

My heart is steadfast, O God, my heart is steadfast;
I will sing and give praise.

Awake, my glory!
Awake, lute and harp!
I will awaken the dawn.

I will praise You, O Lord, among the peoples;
I will sing to You among the [c]nations.

For Your mercy reaches unto the heavens,
And Your truth unto the clouds.

Be exalted, O God, above the heavens;
Let Your glory be above all the earth.

Ps 56:8-11

You number my wanderings;
Put my tears into Your bottle;
Are they not in Your book?

When I cry out to You,
Then my enemies will turn back;
This I know, because God is for me.

In God (I will praise His word),
In the Lord (I will praise His word),

In God I have put my trust;
I will not be afraid.
What can man do to me?

Ex 14:14

The Lord will fight for you, and you shall hold your peace

Is 41:10

Fear not for I am with you;
Yes I will strengthen you,
I will uphold you with My righteous right hand.

1 John 4:4

You are of God, little children, and have overcome them,
because He who is in you is greater than he who is in the world.

Ephesians 6:11

Put on the full armor of God that you might stand against the
wiles of the devil

1 Peter 5:8-9

Be sober, be vigilant; because your adversary the devil walks
about like a roaring lion, seeking whom he may devour.

Resist him, steadfast in the faith, knowing that the same
sufferings are experienced by your brotherhood in the world